



Sun Smart Policy

Port Wakefield Primary School

Aims

The aims of the “Port Wakefield Primary School Sun Smart Policy” are to promote among students, staff and volunteers:

- Positive attitudes toward skin protections.
- Lifestyle practices which can help reduce the incidence of skin cancer.
- Personal responsibility for a decision making about skin protection.

The purpose of the policy is to ensure that all members of our primary school are protected from skin damage caused by the harmful rays of the sun.

It is an expectation that all students, staff and volunteers of Port Wakefield Primary school, will use the following skin protection strategies:

1. Students and staff will be expected to wear a broad brimmed hat or a bucket hat all year round whenever they are involved in outside activities. Children not wearing an appropriate hat will be expected to sit in the shade (no play). All newly enrolled students will be issued with a school hat. School hats can be purchased through the school.
2. Take particular care if in the direct sun between the hours of 10am and 3pm. Whenever possible outdoor activities will be scheduled before 10am and after 3pm, conducted indoors, or in the shaded areas of the school. From spring through summer the Hot Weather Policy is implemented.
3. School Uniform policy aims to encourage students to wear shirts with collars and at least elbow length sleeves, longer style shorts/skirts and rash vests or t-shirts for all outside swimming and aquatics activities. In line with the school uniform policy, tank tops, shoe-string tops and dresses, midriff tops, singlets and off the shoulder tops are not suitable school wear. The use of wrap around sunglasses is encouraged.
4. Students will be encourage to apply a board-spectrum, water resistant sunscreen with an SPF of 50+ 15-20 minutes before going outdoors for lunch or curriculum activities. Sunscreen should be reapplied every two hours of outdoors for a prolonged period of time (i.e. sports days, excursions, camp), or more frequently if involved in water activities or perspiring. Parents will be encouraged to supply sunscreen for the children, although sunscreen packs are available in all classrooms.
5. Staff will role model appropriate Sun Smart strategies in all school activities, including the wearing of appropriate clothing and hat wearing. Staff will be encouraged to keep up to date with new information and resources through contact with the Cancer Council of South Australia (www.cancer.org.au). Information about the school’s Skin Protection Policy will be given to all new staff, students and families.